

THERAPY FUNCTIONAL LEVELS/MDS ADL AND MOBILITY CROSSWALK

Therapy Functional Levels	Section G MDS ADL Self-Performance Score (7-day lookback)	Section GG Self-care & Mobility Scores (First/last 3 days of Med A stay)	Section GG Prior Level Scores
<p>Dependent Resident offers <u>no physical assistance with the activity</u>. Caregiver performs 100% of the task. One or more persons may be required to perform the activity.</p>	<p>Total Dependence (4) Resident required full staff performance <u>every time</u> the activity occurred during the 7-day look back period.</p>	<p>Dependent (01) Helper does ALL of the effort. Resident does none of the effort to complete the activity OR the <u>assistance of 2 or more</u> helpers is required for the resident to complete the activity</p>	<p>Dependent (1) A helper completed the activities for the resident</p>
<p>Maximum Assistance Resident performs up to 25% of activity. Caregiver performs 75 – 100% of the task. One or more persons may be required to assist with the activity.</p>	<p>Extensive Assistance (3) Resident performed part of activity over the last 7 days and help of the following type was provided 3 or more times: - Weight-bearing support provided 3 or more times- or- - Full staff performance of the activity 3 or more times during part but not all of the last 7 days</p>	<p>Substantial/Maximal Assistance (02) Helper does more than half the effort. Helper lifts, holds, or supports trunk or limbs and provides more than half the effort.</p>	<p>Needed Some Help (2) Resident needed partial assistance from another person to complete activities</p>
<p>Moderate Assistance Resident performs up to 50% of the activity. Caregiver performs 50 – 75% of the task, assisting resident through all or part of the activity.</p>		<p>Partial/Moderate Assistance (03) Helper does less than half the effort. Helper lifts, holds, or supports trunk or limbs and provides less than half the effort.</p>	
<p>Minimum Assistance Resident performs up to 100% of the activity. Caregiver performs 25% of the task, while physically guiding or assisting resident through part(s) of task.</p>			
<p>Contact Guard Resident performs 100% of the activity. Caregiver <u>maintains contact for safety only</u>, but is not providing physical assist.</p>	<p>Limited Assistance (2) Resident highly involved in activity and received physical help in guided maneuvering of limb(s) or other non-weight-bearing assistance 3 or more times during the last 7 days</p>	<p>Supervision or Touching Assistance (04) Helper provides verbal cues or touching assistance as resident completes activity. Assistance may be provided throughout the activity or intermittently.</p>	
<p>Stand-by-assist Resident performs 100% of the activity. Caregiver is <u>within</u> physical contact of resident, but intervenes only if resident becomes at risk for falling.</p>	<p>Supervision (1) Resident required oversight, encouragement, or cueing 3 or more times during the last 7 days</p>		
		<p>Set up or Clean-up Assistance (05) Helper sets up or cleans up; resident completes activity. Helper assists only prior to or following activity.</p>	
<p>Independent/Modified Independent Resident performs 100% of activity. Resident demonstrates proper safety techniques throughout activity and does not require any type of assistance by caregiver. May require assistive device/adaptive equipment or increased time (modified independent).</p>	<p>Independent (0) Resident fully completed activity without any help or oversight <u>every time</u> during the 7-day look-back period</p>	<p>Independent (06) Resident completes activity by him/herself with no assistance from a helper</p>	<p>Independent (3) Resident completed the activities by him/herself, with or without an assistive device, with no assistance from a helper</p>
	<p>If none of the above or activity not attempted 7 – Activity occurred only once or twice, but not 3 times during the last 7 days 8 – Activity did not occur/was not performed by resident or staff during the last 7 days</p>	<p>Activity not attempted codes 07 – Patient refused 09 – Not applicable 88 – Not attempted due to medical condition or safety concerns 10 – Not attempted due to environmental limitations</p>	<p>Activity not attempted codes 8 – Unknown 9 -- Not Applicable</p>