





National Association for the Support of Long Term Care Representing ancillary services and providers of long term and post-acute care





















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Resident Classification System (RCS-1)... Where did this come from and Why?

- CMS using existing statutory authority to revise the PPS
- Maintains a per diem payment
- Pressure from MedPAC, OIG, Congress to revise the RUGS system away from therapy minutes driving the reimbursement
- CMS contracted with Acumen in 2012 for therapy revision
- Scope expanded to entire PPS in 2014
- Advance Notice of Rule Making released in May 2017
- CMS' Goals reimbursement based on patient characteristics

Resident Classification System (RCS-1) - Five Component System

- Physical Therapy/Occupational therapy
- Speech Language Pathology
- Nursing
- Non-Therapy Ancillary
- Non Case Mix

RCS-1 Clinical Categories

- In designing the model, CMS created 10 clinical categories, including:
 - Major Joint Replacement or Spinal Surgery
 - Non-Surgical Orthopedic/Musculoskeletal
 - Orthopedic Surgery (Except Major Joint)
 - Acute Infections
 - Medical Management
 - Cancer
 - Pulmonary
 - Cardiovascular and Coagulations
 - Acute Neurologic
 - Non-Orthopedic Surgery
- CMS used the categories as a framework for identifying related therapy and non-therapy ancillary costs

Nursing Component

- All residents will be assigned to one of the 43 current non-rehab RUGs, including
 - Extensive Services final group determined by combinations of three extensive services
 - Special Care High/Special Care Low/Clinically Complex final group determined by ADL score and presence of depression
 - Behavioral Symptoms and Cognitive Performance final group determined by ADL score and number of restorative nursing services
 - Reduced Physical Function final group determined by ADL score and number of restorative nursing services
- STRIVE data was used to update nursing indexes

PT/OT Component

- All patients, including those who do not actually receive therapy, will be placed into one of 30 case mix groups for PT/OT
- The groups would be calculated based on <u>clinical categories</u>, <u>functional</u> <u>scores</u> and the degree of <u>cognitive impairment</u>
 - Clinical categories include
 - Joint replacement/spinal surgery
 - Other orthopedic
 - Non-orthopedic surgery
 - Acute neurological
 - Medical management
- The therapy component payment rate will vary by the length of stay with SNFs receiving 100% of the rate for days 1-14, and having the rate reduced by 1% every three days thereafter

PT/OT (continued)

- Functional scores include 3 ADLs:
 - Transfer
 - Eating
 - Toileting
 - Each ADL will be scored between 0 and 6, for a total of 0 to 18 points
- Cognitive function will be evaluated and residents will be categorized as Moderate/Severe Cognitive Impairment, Yes or No
- CLINICAL CATEGORIES X FUNCTIONAL SCORE X COGNITIVE IMPAIRMENT = 30 GROUPS

SLP Component

- Each resident will be placed into one of 18 SLP classifications, based on
 - Clinical Categories
 - Acute neurologic and non-neurologic
 - The presence of a Swallowing Disorder or Mechanically Altered Diet
 - Both, either or neither
 - SLP-related Comorbidity or Mild to Severe Cognitive Impairment
 - Both, either or neither
- 12 conditions and services qualify as SLP related comorbidity, including
 - Aphasia, CVA/TIA/Stroke, Hemiplegia or hemiparesis, TBI, Tracheostomy as a Resident, Ventilator as a Resident, Laryngeal Cancer, Apraxia, Dysphagia, ALS, Oral Cancers and Speech and Language Deficits
- CLINICAL CATEGORIES X SWALLOWING DISORDER or Mechanically Altered Diet X SLP COMORBIDITY OR COGNITIVE IMPAIRMENT = 18 Groups

Non-Therapy Ancillary Component

- All residents will be classified into one of 6 case mix groups for non-therapy ancillary payments
- Points will be assigned for certain conditions and extensive services
- Information will be gathered from the MDS and in the case of HIV/AIDS patients, the SNF claim
 - HIV/AIDS would no longer receive the 120% payment adjustment, but would receive a 19% increase in the nursing component of the RCS-I rate

Conditions/Extensive Services for NTA Classification

Condition/Extensive Service	NTA Tier	Points
HIV/AIDS	Ultra-High	8
Parenteral /IV Feeding - High	Very-High	7
IV Medication	High	5
Parenteral/IV Feeding - Low	High	5
Ventilator/Respirator	High	5
Transfusion	Medium	2
Kidney Transplant Status	Medium	2
Opportunistic Infections	Medium	2
Infection with resistant orgs.	Medium	2
Cystic Fibrosis	Medium	2
Multiple Sclerosis	Medium	2
Major Organ Transplant Status	Medium	2
Tracheostomy	Medium	2
Asthma, COPD, CLD	Medium	2

Conditions/Extensive Services for NTA Classification

Conditions/Extensive Services	NTA Tier	Points
Chemotherapy	Medium	2
Diabetes	Medium	2
End-Stage Liver Disease	Low	1
Wound Infection (not foot)	Low	1
Transplant	Low	1
Infection Isolation	Low	1
MRSA	Low	1
Radiation	Low	1
Diabetic Foot Ulcer	Low	1
Bone/Joint/Muscle Infect./Necros.	Low	1
Highest Ulcer Stage 4	Low	1
Osteomyelitis/Endocarditis	Low	1
Suctioning	Low	1
DVT/Pulmonary Embolism	Low	1

Varying NTA Per Diem Rates

- For the first three days of a stay, the adjustment factor for the NTA will be 3.0
- For days 4-100, the adjustment factor will be 1.0
- The variable per-diem rate is designed to offset higher NTA costs at the beginning of a stay
- In modeling some sample patients, we learned that for some cases, the NTA can double the per diem payment for the first three days

Sample Patient - Mrs. Jones

- Mrs. Jones was hospitalized for four days after having a stroke
- She is paralyzed on her left side and requires maximum assistance with ADLs
- She has COPD and is diabetic
- She has an infected diabetic foot ulcer that requires treatment with an antibiotic
- She is transferred to a SNF and stays for 13 days before being readmitted to the hospital for a severe UTI

Mrs. Jones

- Under RUG IV, she would be classified as RUC because she requires maximum assistance with activities of daily living and will receive more than 720 minutes of therapy per week
- Her COPD, diabetes, foot ulcer and IV medication have no impact on the reimbursement rate of \$616.32 per day

Calculation of Nursing Component

- Ms. Jones is not depressed
- She has a high ADL score
- She has COPD with shortness of breath when lying flat.
- Mrs. Jones would be placed in the nursing category of HE1, or Special Care High. The case mix weight is 2.02, so we would multiply the nursing rate of \$100.91 by 2.02 for a total nursing component payment of \$203.84

PT/OT Component Calculation

- Mrs. Jones would be classified as acute neurologic for PT/OT.
- She has moderate to severe cognitive impairment because of the stroke
- Mrs. Jones requires maximum assistance with ADLs
- She would be classified as TN with a case mix weight of 1.48
- We would multiply the PT/OT daily component of \$126.76 by 1.48 for a total of \$187.60
- The SNF would receive \$187.60 each day regardless of the volume of therapy provided

SLP Component Calculation

- Mrs. Jones is an acute neurologic case
- She has a swallowing disorder
- She requires a mechanically altered diet
- Mrs. Jones has aphasia
- She also has moderate cognitive impairment
- Her SLP category would be SA with a case mix weight of 4.19
- We would multiply the SLP component of \$24.14 by 4.19 for a total of \$101.15.
- The SNF would receive \$101.15 per day regardless of the volume of SLP services provided

NTA Component Calculation

- Mrs. Jones has COPD (2 points)
- She is diabetic (2 points)
- She has a diabetic foot ulcer (1 point)
- She receives an IV medication (5 points)
- Mrs. Jones' NTA category would be NB
- Her NTA payment for the first three days would be \$76.22 multiplied by the case mix weight of 2.59 and then multiplied by 3 for a total of \$592.23 per day.
- For days 4-13, the NTA rate would be \$197.41.

Impact on Payment

- There is a non-case mix component of \$90.42 to cover overhead.
- The sum of all the components would be \$1,175.23 for days 1-3 and \$780.41 for days 4 and onward. The total payment under RCS-I would be \$11,327.09.
- The payment for the same case under RUG-IV would be \$8,012.16. The rate under the new system would be 41.4% higher than under the current system.

Preparing for Change

Concerns

- Potential for inaccurate patient classification &/or access to care
- Potential for untimely (within 48 hours) hospital information: patient diagnosis, status, prognosis
- Capturing fluctuations in patient condition

Considerations

- Timely & accurate admission assessment
- Compliance to established Rules of Participation
- Maintenance of standards of care
- Accommodation of patient rights, patient goals, patient discharge plans
- Compliance with Quality Measures

From May 2017 Advance Notice...

- "...In addition, we are considering the possibility of adding certain items to this PPS Discharge Assessment that would allow CMS to track therapy minutes over the course of a resident's Part A stay."
- "...the impacts presented here assume consistent provider behavior in terms of how care is provided under RUG-IV and how care might be provided under RCS-I, as based on the concerns raised during a number of TEPs, we acknowledge the possibility that, as therapy payments under RCS-I would not have the same connection to service provision as they do under RUG-IV, it is possible that some providers may choose to reduce their provision of therapy services to increase margins under RCS-I." (Emphasis added)

When Will the Model be Released and Implemented?

- Possibly as a part of the SNF PPS FY2019 Proposed Rule.
- Possibly separate similar to last year's Advance Notice.
- Could be released anytime.
- CMS does not have to respond to the comments submitted to last year's Advance Notice.
- Implementation -- FY19, FY20 ???

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Thanks for attending!

You can find the webinar recording/slides at:

www.simpleltc.com/rcs1

